

# Fine Tune Your Parenting Skills With

## *STEPS TO EFFECTIVE PARENTING*

For Parents of teens... ages 11 - 17

*COMMUNICATE  
BETTER WITH  
YOUR TEEN*

*RAISING  
SOCIALLY  
RESPONSIBLE  
TEENS*

STEP offers a down-to-earth and practical way to meet the challenges of raising teenagers today. It's a group discussion program that paves the way to improved parent-teen relationships; more responsible teenage behaviour in home, school and community; and teenage self-esteem and self-reliance.

**Place:** Eagle Mountain Middle School

**Time:** 7p.m. - 9p.m.

**Dates:** Thurs. Oct. 11,18,25, Nov. 1,8,15,22,29, 2018

**[This is an eight week program]**

**Facilitated by:** Marilyn Abram, Certified Parent Facilitator

**To register:** E-mail: [mabram@sd43.bc.ca](mailto:mabram@sd43.bc.ca) [preferred]

Phone: 604-469-1133

**Register as soon as possible as the class fills quickly!**

**Class is limited to 20 participants.**

**The only cost is \$25.00 for the parent workbook!**